

CHAPTER TWELVE – *The Right Diet*

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*The Bible is the divine means of developing spiritual maturity. There is no other way.  
Howard. G Hendricks*

**Read Chapter Twelve – *The Right Diet***

1. The “right diet” to grow spiritually is the entire \_\_\_\_\_ .  
Particularly, it is the \_\_\_\_\_ .
2. Rev. Hagin suggests two areas of the New Testament (one chapter and one book) that specifically would benefit our spiritual diet. What are they? \_\_\_\_\_
3. What benefits would the Christian experience if he/she “fed” on those passages?  
\_\_\_\_\_

**Read I Corinthians 13 and I John (all five chapters)**

4. Each believer – though born-again as a babe – has a measure, a deposit of grace that will meet every \_\_\_\_\_ in his life.

**Read Ephesians 4:13,14**

5. God never planned on us remaining a spiritual \_\_\_\_\_. He planned for us to \_\_\_\_\_ spiritually.

**Read John 13:34,35 / Galatians 5:22,23**

6. What is the first fruit of the human spirit when born-again? \_\_\_\_\_
7. The only way to grow and develop out of the babyhood stage is to \_\_\_\_\_ this Love nature and then \_\_\_\_\_ this Love nature in your life.

*Self-Reflection:* Are you sensitive and prone to being easily hurt? Are you allowing God’s Love to rule in your life? Ask the Holy Spirit to reveal areas you need to adjust in your Love walk. Remember, the Holy Spirit is gentle and He will help make the heart adjustments you need.

**Read Romans 12:1,2 / Ephesians 4:23,24**

8. The primal need of man is to have his mind \_\_\_\_\_ .
9. To grow out of the carnal state, put on the \_\_\_\_\_ man, created after God in righteousness and true holiness.

**Confession:** *My spirit man eats the right diet, which is God’s Word. I practice His Word today.*